

Newsletter ~ Term 4 Weeks 1 and 2

Full Re-opening of Schools Monday 8 March

We look forward to seeing all children back in school on Monday 8 March. We will be operating very much as we were before this lockdown, with children in bubbles and a staggered start and end to the day as before. More detailed information will follow as our plans unfold, including our priorities for your children's learning during the last half of the year.

Parents' Evenings will take place as planned on the week beginning 8 March. We will use this conversation to talk to you about how lockdown has been, any well-being issues and any immediate concerns that you have regarding your child's learning.

A message from Togs...

Following the Government's Road Map announced this week, and students returning to school on Monday 8th March, School Togs will be offering an extended order service from Monday 1st March until we can reopen our doors.

Our order service, and collection will be available Monday - Friday between the hours of 9am - 4pm.

Parents can call us and pay over the phone, and will be able to pick up their order from the door.

Mental Health and Well-being

We will be working with the children on their well-being as they return to school, and making sure they have plenty of opportunities (if they need them) to talk about how the lockdown went and how their return to school is going.

We know that children will all be different in their reactions to this lockdown and many will just be happy to be back at school with friends and teachers.

There are many resources currently available to parents and carers concerned about their children's well-being and you may find the following resource helpful:
<https://www.happymaps.co.uk/>

A Message from the Friends...

As you will have seen on the facebook group, the Friends Association set up a fun fundraising activity for all kids to get involved in over the half term week and beyond.

FEEL FAB FEBRUARY FUNDRAISER

We'd love the support of as many of you as possible, to raise much needed funds for a school book scheme, so please start using the attached activity sheet, it's not too late! Each child can set their own target and get friends and family to sponsor them via the Go Fund Me page linked below. Thanks!

gofundme.com/f/feel-fab-Feb

And Finally...

The season of Lent began this year during half term and the children will be learning about this prayerful and reflective time of year in their RE lessons.

Many people mark the season of Lent by either giving something up or trying to do something extra. Here is what some of our children have said:

I am going to hug my sister (Jonah)

I am going to play more with my sister (Joe)

I am going to show more love in the world (Olivia)

I am going to pray more (Dorian)

Have a safe and peaceful weekend



Dear Parents,



We are really excited to start welcoming back pupils from 8th March following the recent Government announcement. We wanted to take a moment to let you know what the return to school will look like and what we have put into place to ensure your child is not only kept safe but they are able to enjoy our delicious food and great service.

Safety is our priority

Our priority for the return to school is the safety of all children, our teaching colleagues and our own teams. The Health and Safety measures introduced at the start of the pandemic such as social distancing and new cleaning COVID-19 procedures will stay in place to keep everyone safe. Please watch our short video to see how we will be re-opening our schools to all pupils [here](#).

Tasty menus

We are pleased to inform you we will be offering the same tasty and nutritious menu items we had on offer prior to the latest lockdown. Please get in touch with your school to confirm your menu and to order your meals for week commencing the 8th of March.



Medical diets

Our specialised team of Medical Diet Nutritionists are available to offer menu support for pupils with medical dietary requirements. Please take a look at our Medical Diets video to hear a Chartwells parent talk about their experience using our Medical Diets process [here](#).

If your child requires a Medical Diet menu please ensure that you fill in the Medical Diet Request Form available [here](#) and return this to your school, who can pass this onto us.

For any other queries please email our team at: Chartwells.medicaldiets@compass-group.co.uk.

Support

If you have any questions about the return to school, please contact your school who will be more than happy to help.

We look forward to welcoming back your child(ren).

Chartwells.



FEEL FAB FEB

How many can you Tick off the list?

Find your 'Happy Beans'



Activities can be done in any order from now until March 12th. If you do one of the activities more than once, start a tally next to your original tick. Make sure you ask permission first from an adult & stay safe when trying anything new. Certificates will be available. Bronze for achieving 6-10 goals. Silver for 11-20 goals. Gold for 21 plus.

NAME: _____

How many goals did you complete?



<p>Run / jog or scooter 1km or cycle 3km</p> <p>tick ME <input type="checkbox"/></p>	<p>Go for a 30 min walk 4 times in a week</p> <p>tick ME <input type="checkbox"/></p>	<p>Tidy your bedroom without being asked!</p> <p>tick ME <input type="checkbox"/></p>	<p>Make a family fitness star chart and hold a family competition</p> <p>tick ME <input type="checkbox"/></p>	<p>Learn a new skill or trick in a sport of your choice</p> <p>tick ME <input type="checkbox"/></p>
<p>Plan a family 'Movie Night' complete with snacks</p> <p>tick ME <input type="checkbox"/></p>	<p>Bake a cake.</p> <p>tick ME <input type="checkbox"/></p>	<p>Design a new strip/kit for any team or sport of your choice</p> <p>tick ME <input type="checkbox"/></p>	<p>Spend some time stargazing. Can you identify any stars or constellations?</p> <p>tick ME <input type="checkbox"/></p>	<p>Send a card/letter or postcard to someone (a relative or friend). It will make them feel special!</p> <p>tick ME <input type="checkbox"/></p>
<p>Make up a dance routine</p> <p>tick ME <input type="checkbox"/></p>	<p>Throw a tennis ball against an outside wall 20 times without dropping it.</p> <p>tick ME <input type="checkbox"/></p>	<p>Plan & prepare (with an adult) a healthy meal each week</p> <p>tick ME <input type="checkbox"/></p>	<p>Build up to 100 step-ups either on bottom stair or low bench/platform</p> <p>tick ME <input type="checkbox"/></p>	<p>Make up a catching game to play outside</p> <p>tick ME <input type="checkbox"/></p>
<p>Walk or climb up a big hill, spend 10mins enjoying the view</p> <p>tick ME <input type="checkbox"/></p>	<p>Make a den inside or out in the garden.</p> <p>tick ME <input type="checkbox"/></p>	<p>Make a healthy smoothie and give it a name!</p> <p>tick ME <input type="checkbox"/></p>	<p>Run/Jog or scooter 2km or cycle 5km</p> <p>tick ME <input type="checkbox"/></p>	<p>Spend 10 minutes bird watching and listening to them sing. How many can you identify?</p> <p>tick ME <input type="checkbox"/></p>
<p>Perform at least one random act of kindness every day.</p> <p>tick ME <input type="checkbox"/></p>	<p>Make your parents/carer a drink</p> <p>tick ME <input type="checkbox"/></p>	<p>Make a smiley face out of different fruit or veg</p> <p>tick ME <input type="checkbox"/></p>	<p>Make an obstacle course and challenge others to complete it</p> <p>tick ME <input type="checkbox"/></p>	<p>Wrap up warm and go for a family night walk. Come home for hot chocolate</p> <p>tick ME <input type="checkbox"/></p>
<p>Try a new fruit or vegetable as part of a daily meal or snack</p> <p>tick ME <input type="checkbox"/></p>	<p>Can you do 100 skips? Keep practising until you can do as many as possible without stopping</p> <p>tick ME <input type="checkbox"/></p>	<p>Can you balance on one leg for 30 seconds? (now try the other)</p> <p>tick ME <input type="checkbox"/></p>	<p>Read a new book or re-read your favourite book</p> <p>tick ME <input type="checkbox"/></p>	<p>Learn to juggle. Use balls (or socks or fruit!) You could even find your own tutorial online</p> <p>tick ME <input type="checkbox"/></p>